

CARE DAY 2023 SESSION SPEAKERS

Dr. Brad Schwall

President and CEO of The Center for Integrative Counseling and Psychology

Dr. Brad Schwall has been providing counseling for children and teens, parent education, and social and emotional learning curriculum development for more than 25 years. His work with and within churches, schools, health care systems, and non-profits has focused on encouraging the mental and emotional well-being of children, teens, adults, families, and communities. He is featured regularly in interviews on mental health on Dallas/Fort Worth's ABC affiliate, WFAA-TV, Channel 8.

As President & CEO of The Center for Integrative Counseling and Psychology, Dr. Schwall provides leadership to The Center's mission to provide quality counseling and psychological services where people live, work, play, and pray. With 31 office locations, across North and Central Texas, including Waco, and more than 40 therapists and psychologists, The Center helps people grow through life's changes and challenges to lead the lives they were meant to lead.

After receiving his Bachelor of Science in education from Baylor University, he completed his Master of Divinity degree at Southwestern Baptist Theological Seminary, the Clinical Residency in Pastoral Psychotherapy at The Center, and his Doctor of Ministry in Pastoral Psychotherapy from Garrett Theological Seminary on the campus of Northwestern University in Evanston, Illinois.

Nicole Everitt, LPC-S

The Center for Integrative Counseling and Psychology

Learn the latest research on ADHD and practical strategies for creating an environment at home and school to help children and teens dealing with ADHD build confidence and develop skills that help them reach their potential. We will pay close attention to the overall mental health of youth and how it relates to ADHD and the importance of parenting in equipping and empowering children and teens with ADHD.

The Center for Integrative Counseling and Psychology, with a Waco office, provides counseling and psychological testing for children, teens, and adults. www.thecentercounseling.org

Nicole is one of The Center's therapists at the Waco office. She has 20 years of counseling experience in many different environments that have helped her to form an eclectic approach to counseling to meet the individual needs of her clients utilizing different theories, techniques, and solutions. While attending Texas A&M for her undergraduate studies, Nicole was part of the Prime Time Mentor program which began her love of working with children and their families that were in need of healing and teaching them new skills to overcome past abuse.

At Dallas Baptist University while working on her Master's degree, Nicole participated in extra courses and experiences to specialize in Marriage and Family counseling and Christian counseling.

Stephen Galarza

Baptist Student Ministry (BSM) Director in Corpus Christi and an LMSW counselor at South Texas Children's Home Counseling Center

Stephen graduated from Baylor with his Master's in Divinity and Social Work with a concentration on Mental Health. He has been involved with ministry work since 2009 as a student at the University of Texas Pan-American in Edinburg, Texas. He is passionate about developing disciples, church health, college ministry, community outreach, family counseling, and mental health. Stephen is married to Janet, and they have a beautiful three-year-old daughter named Emilia and a one-year-old son named Stephen Jr.

Veronica Guerrero-Quan

Resident of The Center for Integrative Counseling and Psychology

Veronica has a background in biblical studies and is well-equipped in guiding individuals through the exploration of the Christian faith by providing resources in apologetics, theology, and thorough biblical study. However, the clinical setting is often one of personal exploration and resolution of problematic emotions and behaviors. Because faith and spirituality can often be a source pain or healing of individuals, she openly helps clients explore this area if desired without imposing personal beliefs or ideologies. The goal is for clients to reach their own conclusions on their journey. Veronica is willing to offer resources along the way while assisting in the management of emotions and everyday life.

She has acquired clinical experience involving the diagnosis and treatment for trauma, substance abuse/addiction, depressive disorders, anxiety disorders, eating disorders, and others. Notably, Veronica has also been exposed to a wide variety of cultural contexts through mission trips and education training. International mission trip locations include Mexico, Poland, China, and Vietnamese. In the United States, she has worked with impoverished communities in "Little Haiti" (Miami, Florida), Houston, and downtown San Antonio. She acknowledges the role that culture plays in the development of personality and coping mechanisms, as well as how it may perpetuate maladaptive coping styles in a new cultural setting.

Further, Veronica has acquired experiences working with children from impoverished

Becky Bell Scott, Ph.D., LCSW
Senior Lecturer at Baylor University

Her work and research focus on primary care behavioral health, including workforce recruitment and training as well as innovative behavioral health interventions for children with behavioral health concerns. She is the co-creator of Integrated-Child Adult Relationship Enhancement (I-CARE), a primary care model for brief intervention for young children with behavioral concerns. She is certified in Parent Child Interaction Therapy (PCIT), Motivational Interviewing and Empowered Relief for Chronic Pain. She is trained in CBT for insomnia and a number of other gold standard primary care behavioral interventions.

Dr. Scott teaches graduate courses focused on clinical social work theory, integrated behavioral health, and practice with children and families. She is the Program Director for the Integrated Behavioral Health Training Program at GSSW, and has been awarded over three million dollars in funding, in both federal and local grants, to participate in creating training solutions to the primary care behavioral health workforce needs in Texas. Dr. Scott serves on the integrated behavioral clinical team at Waco Family Medicine in the roles of trainer, evaluator and clinician.

Debbie Simcox
Licensed Clinical Social Worker, Waco Family Medicine Counseling Services

She earned both her bachelor and graduate degrees in Social Work from Baylor University. She worked 17 years for two local hospice programs in the roles of Social Worker and Bereavement Coordinator. She has also been employed at the Methodist Children's Home, Advocacy Center, and Communities in Schools.

Debbie and her husband Mike have two children and six grandchildren. She and her husband joined the First Woodway family in 2018.

Joe Padilla
Co-Founder & CEO, Mental Health Grace Alliance

Joe is a licensed and ordained minister with 12 years of experience in cross-cultural missions and stateside ministry.

After combining science and faith to help a family member see remarkable mental health recovery, Joe co-founded Mental Health Grace Alliance and co-authored all its resources to empower the Body of Christ with user-friendly mental health resources.

Today, MHGA's resources are being utilized by thousands in over 25 countries, and the MHGA team oversees one of the largest Christian mental health small group networks with over 900 groups worldwide.

Kelly Woods, LMFT

Kelly is a Licensed Marriage and Family Therapist and was a youth pastor at a local church for 10 years prior to getting into the counseling field. Kelly graduated with a Bachelor's degree in Religious Studies from Baylor University and with her Master's degree from the University of Mary Hardin-Baylor with her degree in Counseling and Psychology.

Kelly is an avid podcast-listener, Barre class-attender, and devoted to the band Switchfoot. Kelly has been married to her husband Chris for 15 years and is mom to three amazing boys.